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About Prabhat

Founded in 2003, Prabhat identifies and empowers people with disabilities and learning difficulties, providing accessible learning and rehabilitation services to over 3600 children and youth in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for people with disabilities and their families.



[Learn more](#)

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Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

Together, for Nikhil

Inclusion is sometimes built on the foundations of a resilient home. For Nishaben, raising her son Nikhil, who lives with Cerebral Palsy, involved unwavering determination. Though life circumstances led to a marital separation, Nishaben and her

husband maintained a shared understanding that Nikhil needed both parents. When her mother who had pushed her to become financially independent passed away, leaving her emotionally isolated, Nishaben did something extraordinary. She reached out to Nikhil's paternal grandmother (*dadi*) and his maternal aunt (*masi*) to build a collaborative circle of care. Today, a seamless system exists: Nikhil spends ten days a month with his grandmother, and during Nishaben's working hours, he stays under his aunt's supervision.



As Nikhil grew older, regular visits to a private physiotherapist became physically demanding and financially difficult. It was during this time that another parent introduced Nishaben to Prabhat's Home-Based Programme. Although she had little expectation of further progress after years of therapy, the past eighteen months have brought encouraging changes. Namrata ben, his educator says, *"With consistent physiotherapy, special education, and family participation, Nikhil's muscle stiffness has reduced, his attention span has improved, he has begun attempting more vocal sounds, and today he is able to eat independently and participate in motor activities with physical support."*

Nishaben's journey reminds us that raising a child with or without special needs, is rarely the responsibility of one person alone. Progress becomes possible when families are supported, caregivers are empowered, and communities come together to share the journey. At Prabhat, strengthening this circle of care remains as important as strengthening the child.

prepared by Namrata Chauhan, Home Based Rehabilitation Special Educator

Program Updates

Centers reopen for a new academic year

Following a refreshing break, the corridors of Prabhat burst back into life as we opened our doors for the new academic year. Across our centres and resource rooms, children were welcomed with flowers, balloons, chocolates, and cheerful smiles. The classrooms instantly regained their colour and energy.

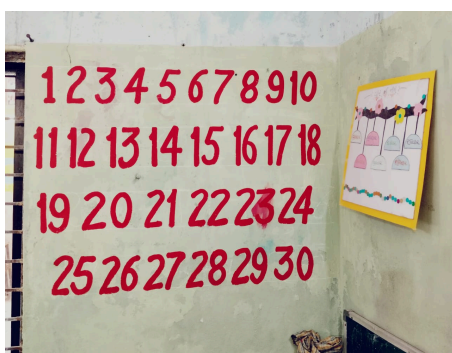


Anganwadi *Praveshotsav* and deepened engagement

The energy of the new academic season extended into the Anganwadis, where our educators collaborated in the annual *Praveshotsav* (enrollment festival). At the Budhalal Anganwadi, our team worked alongside worker, helper, and supervisor to create a festive welcome complete. Mirroring similar celebrations across all our partnered Bhaipura Anganwadis, this initiative provided a vital touchpoint for our educators to build early rapport with incoming children and their families, while securing crucial institutional validation from supervisor.



The momentum deepened in Budhalal Anganwadi as our educator was integrated into a multi-tiered health day that combined *Purna Divas*, *Yoga Divas*, and *Kishori Divas* directly addressing health, nutrition, and hygiene awareness for young girls aged 10–19. Active participation in this event is a deliberate application of our 6F Pillar Framework, which places Fitness at the core of early childhood inclusion. One of the most encouraging outcomes of the efforts was the inclusion of our educator Sejal ben in the official Anganwadi WhatsApp group alongside anganwadi worker, supervisor, and parents. This growing trust and recognition will strengthen everyday communication with families and mark an important step towards creating sustainable, inclusive learning environments.



When walls become teachers

Small gestures often reflect meaningful partnerships. As Chirag School underwent renovation, Principal Mr. Nadim Sheikh ensured that Prabhat's resource room was also refreshed with colourful learning walls featuring Gujarati letters and numbers. The transformed space has been met with joy by both children and parents.

Buddy Interaction

Our long-standing Buddy Interaction initiative with Riverside School resumed with Grade 6 students visiting our Bhaipura Centre. Through conversations and shared activities, students gained a deeper understanding of disability, inclusion, and diverse ways of

learning. It also created space for genuine friendships to take root nurturing patience, and mutual respect among children.



While several schools have visited through the Buddy Interaction initiative over the years, one of our ongoing learnings has been that meaningful inclusion is nurtured through sustained engagement rather than one-time visits. Riverside's continued partnership demonstrates the value of long-term commitment in building genuine relationships and lasting impact for all children involved.

Pathways to inclusive livelihood

Securing sustainable career pathways for youth with intellectual disabilities has remained a persistent challenge, with traditional external job placements often yielding low retention rates. We are taking the next step in strengthening our vocational unit by developing an inclusive workplace within the centre creating sustainable livelihood opportunities. This month, a parent orientation meeting was organised with 15 families to introduce the new initiative, training modules, work schedule, and future opportunities. We aim to build confidence, work readiness, and greater financial independence through this initiative.

Assessments underway..

The first round of quarterly assessments has commenced as 22 children underwent speech assessments and 13 children received psychological assessments at the Bhaipura Centre.

Alongside, we introduced the **SG2 Digital OT Rehabilitation System**, adding an advanced tool to strengthen occupational therapy services. Through interactive, game-based activities, the system supports upper limb mobility, cognitive development, hand-eye coordination, and rehabilitation assessment. Its real-time tracking and evaluation features will help therapists design more targeted intervention plans, making therapy both engaging and evidence-based for children with diverse developmental needs.



As our physiotherapist notes, *"Because the therapy is entirely gamified, the children engage with it purely as play, completely unaware that they are undergoing active clinical rehabilitation."*

Maninagar Shala No 4 Parents orientation

A joint parent meeting was organised for children from the Maninagar and Kankaria school clusters, bringing together 40 parents and children, including families from Prabhat's

resource rooms. The session focused on school admissions, regular attendance, and preparations for the new academic year. Parents were also introduced to the [Niramaya Health Insurance Scheme](#), enabling them to better access the benefits and support available for their children.

Advocacy and Networking

Internships



Nishka and Yukti, design students from Nirma University, dedicated joined us in modernizing institutional documentation, social media and Information, Education, and Communication (IEC) materials. They helped us design a custom, hand-drawn "Inclusive Snakes and Ladders" board game and hosted a lively face-painting workshop at the centre when they reopened.

Though initially hesitant due to the unfamiliar materials, the children quickly joined in after seeing their special educators get painted. Nishka also left her mark on our *Maru Gokhlu* wall: an alcove where visiting collaborators leave a permanent artistic signature. These collaborations continue to demonstrate academic partnerships that can strengthen organisational resources, and introduce young professionals to disability inclusion through hands-on experience.



Impact measurement

We welcomed Arvind Sridharan, an ESG and Impact specialist, for a third-party monitoring and evaluation (M&E) exercise. He interacted with caregivers, vocational unit students, special educators, medical experts and Anganwadi workers to better understand Prabhat's work and its outcomes. The findings from this assessment will help strengthen the organisation's learning, impact measurement, and future programme planning.

Capacity building

Strengthening classroom practices

Responding to specific challenges faced by our team, Dr. Killol conducted a targeted session on managing hyperactivity in the classroom. The training equipped special educators with

specialized activities, behavior-tackling strategies, and parent counseling techniques designed to channel high energy productively. Educators learned to curate groups of like-minded, high-stimulation students, allowing them to balance the classroom tempo seamlessly.

Child Development Aide (CDA) Training continues

The team's learning journey with UMMEED's CDA programme which had begun last month, continued through a follow-up session focused on the practical application of the OWL (Observe, Wait, Listen) technique. Educators shared videos from their field practice and reflected on their learning as they prepare to begin the next phase of the training in July.

Team in focus

Our monthly team gathering in June focused on cross-functional alignment, with staff members dynamically divided into groups representing Prabhat's operational units such as Early Intervention, Therapy, Sensory Unit.



The teams competed across high-energy, collaborative rounds featuring problem-solving puzzles, value-matching challenges, and word unscrambles. The winning group, which completed the tasks in the fastest time, was awarded the symbolic "Key to Inclusion." Every employee received a personalized recognition card honoring their daily contribution to Prabhat's mission. These regular gatherings continue to actively expand our team's structural understanding of the organization, deepen their shared academic knowledge of the cause, and unify our collective approach to grassroots impact.

Community Based Rehabilitation

Assistive services

Following documents were processed this month:

State Transport (ST) Pass (online): 4	Medical Certificate: 9
Pension Form: 2	Aids & Appliances: 7

Expanding community outreach

As part of preparations for the expanded vocational unit mentioned above, we have begun a community survey across Bhaipura, Hatkeshwar, Jogeshwari, and CTM to identify potential candidates and better understand local needs. So far, 78 individuals have been surveyed.

