

[View this email in your browser](#)



ROSHNI

Reaching
Out to
Serve
Humanity
with New
Initiatives

About Prabhat

Founded in 2003, Prabhat identifies and empowers children with disabilities and learning difficulties, providing accessible learning and rehabilitation services to over 3600 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.

[Learn more](#)



March 2026 | Issue No. 76 | A monthly newsletter

Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

Sweety Ben's Masterclass

"I don't think of this as a 'problem.' I just think he needs more engagement."

With these words, Sweety Ben offers a masterclass in the dignity of inclusion. When her son, Dhruvansh, was identified as being on the autism spectrum, Sweety Ben chose to

move beyond the initial fog of confusion toward the clarity of action.



Guided by the vital grassroots network of an Anganwadi worker, she navigated the path from local health centers to the Civil Hospital, eventually finding a home for Dhruvansh's development at Prabhat.

When Dhruvansh first arrived at the Maninagar School No. 4 Resource Room, his hyperactivity made it impossible for him to sit still or engage in tasks. Our special educator, Sejal Ben, began with a structured approach, using a specialized chair to help him find his physical center. Today, that external support is no longer needed. Dhruvansh now sits independently, his speech is blossoming, and the child who once sat in silence now reaches out to initiate activities himself.



This story is as much about the mother as it is the son. In this month of International Women's Day, Sweetie Ben represents the thousands of mothers who are the unsung pillars of the disability sector. By shifting her gaze from "disability" to "possibility," she has created an inclusive world within her own home. At Prabhat, our goal is to ensure that no mother walks this path alone. By strengthening these women with knowledge, peer support, and clinical guidance, we are empowering the very heart of the family.

Program Updates

Holi Celebrations across the Centres

The air was filled with creativity as children, parents, and educators traded traditional powders for an exploration of texture on this Holi. Using crayons, watercolors, sponges, and tissue paper, our students transformed blank canvases into vibrant expressions of their world.





The festivities extended across the Kankaria Resource Rooms and South Zone SSA schools, where the spirit of the season was shared through the joys of *pichkaris* and traditional treats. A special highlight of the month was a visit from the Tata Group to our Bhaipura Center. Their team joined our children in the celebrations, witnessing firsthand how the "Festival of Colors" becomes a powerful tool for social inclusion and shared joy at Prabhat.

International Women's Day – Rights, Justice and Action

Prabhat marked International Women's Day at its Bhaipura centre in alignment with this year's theme, *Rights, Justice and Action*, bringing together women from diverse walks of life. We welcomed inspiring speakers including Neeta Panchal, a disability rights activist, and Prof. Vrundani Patel from Gujarat University, along with Prabhat's team member Jagruti Desai and mothers of Children with Special Needs (CWSN).



Through powerful personal narratives, speakers highlighted how disability is shaped not by individual limitations but by societal barriers, especially for women. Their stories reflected resilience, dignity, and the importance of claiming one's rights despite everyday discrimination. Interactive activities such as *Power Walk* and *Facing the Self*, allowed women to explore how their identities are often layered under the weight of responsibility. They spoke of the need to see oneself as human first before being a mother or a daughter and made a collective promise to live fearlessly. The struggle of one became the strength of all that day, reminding us that justice begins the moment we decide to take that first step together.

'Aapnu Gokhlu': Bhaipura gets a Sensory Space

The back of the Bhaipura Center buzzed with a different kind of energy as students and parents from the Riverside School joined our team to breathe life into a new sensory space. What was once a quiet corner has been reimagined into a canvas of imagination. Our team poured their hearts into every detail, from the precise mixing of paint for the murals to the careful securing of rope ladders and rock-climbing grips. Every element was chosen with intention, ensuring that the soothing touch of sand therapy and the physical challenges of the slides work in harmony to create a "home" for our children's senses. It offers them a safe environment to self-regulate, explore their senses, and build confidence through play.



A QUICK LOOK



Assessments & Individual Educational Plans

Quarterly goal plans for EI and pre-primary children at Vatva and Berral Market were reviewed and updated. 7 children underwent psychological assessments, followed by goal revisions in Bhaipura. At Maninagar School No. 4, work on IEP and quarterly goals continued, along with parent guidance by Dr. Killol on speech goals and exercises to strengthen support at home.

Advocacy and Networking

Colors of Belonging: The New Spirit of Our Bhaipura Centre

Over the past month, the walls of the Bhaipura Center have been transformed from blank surfaces into a vibrant, living canvas. This metamorphosis was the result of a massive, multi-phased collaboration between a leading global corporate partner, academic faculties, and enthusiastic university students. The process was as intentional as it was creative; before a single brush touched the wall, student teams consulted deeply with our educators, ensuring that every design served the needs of our children.





The energy at the center was electric as team after team arrived to contribute. From mixing base coats to painting delicate outlines of cityscapes and school-day scenes, these volunteers donated their time, sweat, and artistic vision. The result is a center that feels entirely reborn—vibrant, colorful, and alive with the spirit of partnership. We are deeply grateful to the corporate teams and the academic community who worked behind the scenes to coordinate this effort. By merging professional discipline with youthful imagination, they have gifted our children an environment that truly mirrors the joy and potential found within our walls.

AmdavadNXT Initiative Deepens further



Building on last month's AmdavadNXT engagement, a follow-up dinner and brainstorming session was held, bringing together stakeholders to further discussions on women's safety and inclusion. These ongoing dialogues are helping shape more inclusive and responsive urban spaces, where diverse needs are recognised and addressed.

Emerging Possibilities from *Wockhardt*

Mr. Viren Sharma from Wockhardt visited the Prabhat Centre, engaging closely with our programs, classroom processes, and therapy interventions. The visit led to meaningful conversations, opening up possibilities for connecting with new partners and strengthening future collaborations.

Team in Focus

Recharging at Science City

While our educators spend their days providing new horizons for children, we recognize that the nurturers also need to be nurtured. To celebrate the team's dedication and foster a culture of well-being, we traded the classroom for the wonders of Science City. For a full day, our special educators stepped out of their professional roles and rediscovered their own sense of wonder.



From the immersive exhibitions to the wealth of scientific discovery, the team explored the world with the same curiosity they encourage in their students. This quality time shared over delicious meals and collective laughter was a vital investment in our mental resilience. By strengthening our mutual bonds outside the field, we return to our work with a renewed freshness and an even deeper commitment to the children we serve.

Community Based Rehabilitation

Celebrating Eid-ul-Fitr

Berral market was filled with the fragrant aroma of *Sevaiya Kheer* and the warmth of shared blessings as we celebrated Eid-ul-Fitr. It was a day of simple joys and profound connections, leaving us all with a lingering sweetness that transcends the occasion.



Assistive Services

Following documents were processed this month:

ST Pass (online): 9 Medical Certificate: 8 Pension Form: 6



ROSHNI is not for sale and for private circulation only.

Copyright (C) 2024 Prabhat Education Foundation. All rights reserved.

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe](#)