

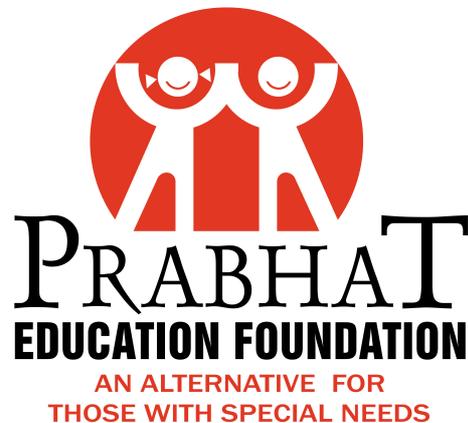
[View this email in your browser](#)



## About Prabhat

Founded in 2003, Prabhat identifies and empowers children with disabilities and learning difficulties, providing accessible learning and rehabilitation services to over 3600 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.

[Learn more](#)



January 2026 | Issue No. 74 | A monthly newsletter

Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

### A Kitchen Reimagined

As part of Prabhat's ongoing Access to Energy Phase II research, we have been working closely with persons with disabilities and caregivers to understand how e-cooking appliances can become more usable, safe, and meaningful in everyday life. Through this process, stories like Gitaben's remind us what true inclusion can look like inside a home.



Gitaben, who lives with the effects of polio, had always found cooking physically demanding and, at times, unsafe. Tasks like lifting hot utensils or managing multiple steps on a gas stove required effort, caution, and avoidance. But when she received an induction and an Electric Pressure Cooker (EPC) through the project, her response was immediate and telling. She didn't need a demonstration. Induction cooking, she shared, had always been something she hoped to bring into her life.

When the EPC arrived without its cable, she examined the appliance, tried using a desktop cable available at home and got it running. That same day, she cooked khichdi. It worked perfectly. A quiet transformation followed thereafter.

Cooking began to feel different. Safer. Easier. With reduced physical strain, no fear of burns, and the ability to set timers, Gitaben found herself returning to the kitchen with a renewed sense of ease. *"Now I don't run away from cooking," she shared. "I try new dishes. It saves time, and it feels lighter."*

Alongside her was Kaushik, her roommate, who is visually impaired. Together, they explored these appliances—cooking, experimenting, and sharing their experiences with the team. In many ways, their kitchen became a shared space of learning and support. Kaushik's involvement also quietly challenged the idea of who cooks within households, especially in low-income settings, while bringing in important perspectives on safety and accessibility.

Their experience reflects something deeper that this research continues to uncover: when technology aligns with real needs, it shifts confidence, roles, and everyday choices along with ease. For Gitaben, e-cooking changed how she felt about cooking itself.

And perhaps that is where inclusion truly begins—not just in access, but in the freedom to participate without hesitation.



## Program Updates

### Uttarayan celebrations

January in Ahmedabad is synonymous with the vibrant colors of Uttarayan, and our centers, schools, and Anganwadis were no exception. Uttarayan was celebrated with kite-making activities, origami workshops, and festive treats. Children enjoyed chikki, til-gud laddoos, seven-grain khichdi, and flying paper kites.



We used the cultural touchpoints such as tactile experience of paper folding or coordination required to handle a *firki* to make learning a joyful experience.

### Visit by Wipro Representative

Harshale bhai from Wipro visited Anganwadis in Maninagar, Vatva, and Berral Market followed by a reflective discussion with the team on strengthening the program in the coming year. While he applauded the team for the massive feat of completing screenings of children at Anganwadis across three wards with high-level coordination, the core of the visit was a deep, reflective strategy session with our internal team.



The discussion centered on a fundamental truth: Inclusion must be at the heart of everything we do. The focus for the upcoming quarter is not just about doing more, but about going deeper. We are focusing on an operational model that ensures our special educators can effectively support 10 Anganwadis.

### Celebrating Nation Spirit

Republic Day at Prabhat was marked with great enthusiasm and a deep sense of pride. The children came together, immersed in the colours of patriotism, bringing alive the spirit of the day through their energy and participation.



Through heartfelt songs and rhythmic dance performances, they expressed their love for the nation. The celebrations also included a disciplined parade, where the children participated with confidence and grace.

### Social Inclusion in the Sun

Children from the resource rooms at Maninagar Gujarati School No. 4 and Maninagar School No. 1 stepped out for an exposure visit to a nearby garden, organised by the teachers of SSA (Sarva Shiksha Abhiyan). The visit created a refreshing space for learning, play, and interaction in a natural setting.



The children engaged in activities like ball passing, ring throw, and drawing, along with enjoying various games using play equipment. The visit concluded with a shared snack, rounding off a day that emphasized the importance of sensory-rich environments in the all-round development of our children.

## Capacity Building

### Parents & Educators' Counselling

Recognising the vital role parents play in a child's development, Prabhat conducted a focused capacity-building session on *Speech Therapy* this month. Led by expert Dr. Killolbhai, individualised Speech Plans were developed based on each child's specific needs. The session addressed key areas such as drinking, chewing, and speech, ensuring a holistic approach to communication development. Parents and special educators also engaged in hands-on guidance around speech & sensory exercises that can be continued at home and in classrooms.



The team was introduced to updated methods and approaches in speech therapy, strengthening their ability to support children more effectively.

## Advocacy and Networking



### Internships

Students from the Product Design Department at NID engaged in an immersive internship to better understand the needs of children with disabilities. Divided into three groups, they observed children across home visits, Anganwadis, and Prabhat centres.

They explored how seating solutions could be adapted to better support children. The prototypes developed through this process were tested directly with children and parents, allowing for real-time feedback and refinement. It offered students practical design insights, and a deeper, more grounded understanding of how thoughtful product design can improve everyday lives.



## E-Cooking Research Update

The month, our Principal Investigator, Dr. Amita Bhakta, joined the team on-ground during the second phase of data collection. She engaged directly with participants through interviews and Photovoice exercises. The data gathered is proving to be both heartening and academically rich. These findings are being processed to help shape a more inclusive future for clean energy, and we look forward to sharing the comprehensive results with our community soon.

---

## White Paper in Progress

As part of our joint initiative with the Centre for Policy and Planning Analysis at Anant National University, work on the white paper is progressing. Following data collection and consultations with subject experts, the team is currently developing the draft.

A focused meeting with Divya and Meet helped refine the analysis and explore pathways for effectively sharing the findings with government bodies, academic institutions, and the wider public.

With these discussions shaping the final direction, the team looks forward to sharing the completed white paper soon.



---

## Visionary visit from Ms McPherson

The visit of Nancy McPherson, a long-time well-wisher, mentor, and an integral part of the Prabhat journey, brought renewed energy and clarity to the team. Having previously guided Prabhat through a 'Reflective Process' in 2017, her return created space to revisit that journey and assess how far the organisation has come.

She expressed appreciation for Prabhat's ability to expand its work in response to emerging needs while staying firmly rooted in its core purpose. She also facilitated conversations around refining Prabhat's objectives and methodology using the framework of *The Water of Systems Change*. This process has opened up important directions for the organisation and will continue to guide its strategic thinking in the coming phase. We extend our sincere gratitude to Nancy McPherson for her continued guidance and thoughtful engagement.

---

## Art, Expression and Inclusion at IIM Ahmedabad

Prabhat got an opportunity to participate at an art showcase and open mic hosted at IIM



Ahmedabad as part of Sangharsh 2025-26. We exhibited artwork and products created by children, alongside sharing glimpses of our work with the wider audience. Children from our centres joined the visit, engaging in activities like painting on graffiti walls alongside their students, making it a joyful and inclusive experience. Opportunities like these open up avenues for dialogue, challenge perceptions, and place inclusion within shared, public spaces.

## Community Based Rehabilitation

### Reaching Every Child – Community Mobilisation

In preparation for the upcoming mega camp in February, focused efforts were made to ensure that no child in need is left out. Extensive outreach and awareness activities were carried out across communities to build understanding and encourage participation.

A key meeting was conducted with around 65 ASHA workers from the Maninagar and Amraiwadi areas, where the team shared insights about Prabhat's work and the objectives of the camp. Their role as community connectors is critical in reaching families who may otherwise remain unaware or hesitant.



Coordinated efforts with Anganwadi centres and local schools enabled the team to reach parent groups through structured presentations. Awareness initiatives were also extended to institutions such as the Composite Regional Center and Urban Health Centers, strengthening the network of support around the community. These efforts reflect a strong, ground-level push to ensure access and inclusion for every child.

॥ श्री संजयचर पार्वनावाय नमः ॥

**दादा मेगना ओटोमોટીव सीटींग सीस्टम प्रा. लिमिटेडना उपक्रम अंतर्गत**  
**श्री भगवान महावीर विकलांग सहायता समिति, धन्डोर (જયપુર ક્રુટ સેન્ટર)**

તથા  
**પ્રભાત એજ્યુકેશન ફાઉન્ડેશન**  
 અમદાવાદના સંયુક્ત ઉપક્રમથી

**દિવ્યાંગ બાળકો માટે નિ:શુલ્ક કેલિપર્સ તથા અન્ય ઉપકરણ વિતરણ શિબિર**  
 આ કેમ્પમાં ફોઈ પણ દિવ્યાંગ બાળક જેમને કેલિપર્સ, વ્હીલચેર, સીપી ચેર અથવા વોકરની જરૂરિયાત હોય તેઓએ 8.02.2026 સુધી નીચે આપેલ નંબર પર સંપર્ક કરીને નામ નોંધાવવું ફરજિયાત છે.






નામ નોંધાવવા માટે  
 તા. ૦૮-૦૨-૨૦૨૬  
 સુધી

**ફેબ્રુઆરીના શ્રીજ અઠવાડિયામાં...**  
**શિબિર સ્થાન : પ્રભાત એજ્યુકેશન ફાઉન્ડેશન**  
 નુતન હાઈસ્કુલ, ઈશ્વરકૃપા સોસાયટી સામે, શેરોન સોસાયટી પાસે, બાઈપુરા, હાલકેશ્વર,  
 મણિનગર પૂર્વ, અમદાવાદ.

**કિરણભાઈ પરમાર**  
9722044125

**કિશોર વાઘેલા**  
7990897056

**વિશેષ નોંધ**

- (૧) દિવ્યાંગ લાભાર્થીઓએ પોતાની સાથે આધાર કાર્ડ અથવા રહેઠાણ પ્રમાણપત્ર, અંગતતા પ્રમાણપત્ર અને અંગતતા દર્શાવતો ફોટો લાવવાનો રહેશે.
- (૨) નામ નોંધાવવા પછી કેમ્પની તારીખ અને સમયની માહિતી ફોન દ્વારા આપવામાં આવશે.
- (૩) જેને જે દિવસે બોલાવવામાં આવશે તે જ દિવસે કેલિપર્સ તૈયાર કરી આપવામાં આવશે.
- (૪) વ્હીલચેર, સીપી ચેર, સીપી વોકર માટે મર્યાદિત નોંધણી

**વિશેષ સહયોગ**

શ્રી ભગવાન મહાવીર વિકલાંગ સહાયતા સમિતિ, અમદાવાદ

## Assistive Services

Following documents were processed this month:

Railway Pass (online): 4

ST Pass (online): 5

Medical Certificate: 3

Pension Form: 2



**ROSHNI is not for sale and for private circulation only.**

*Copyright (C) 2024 Prabhat Education Foundation. All rights reserved.*

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe](#)