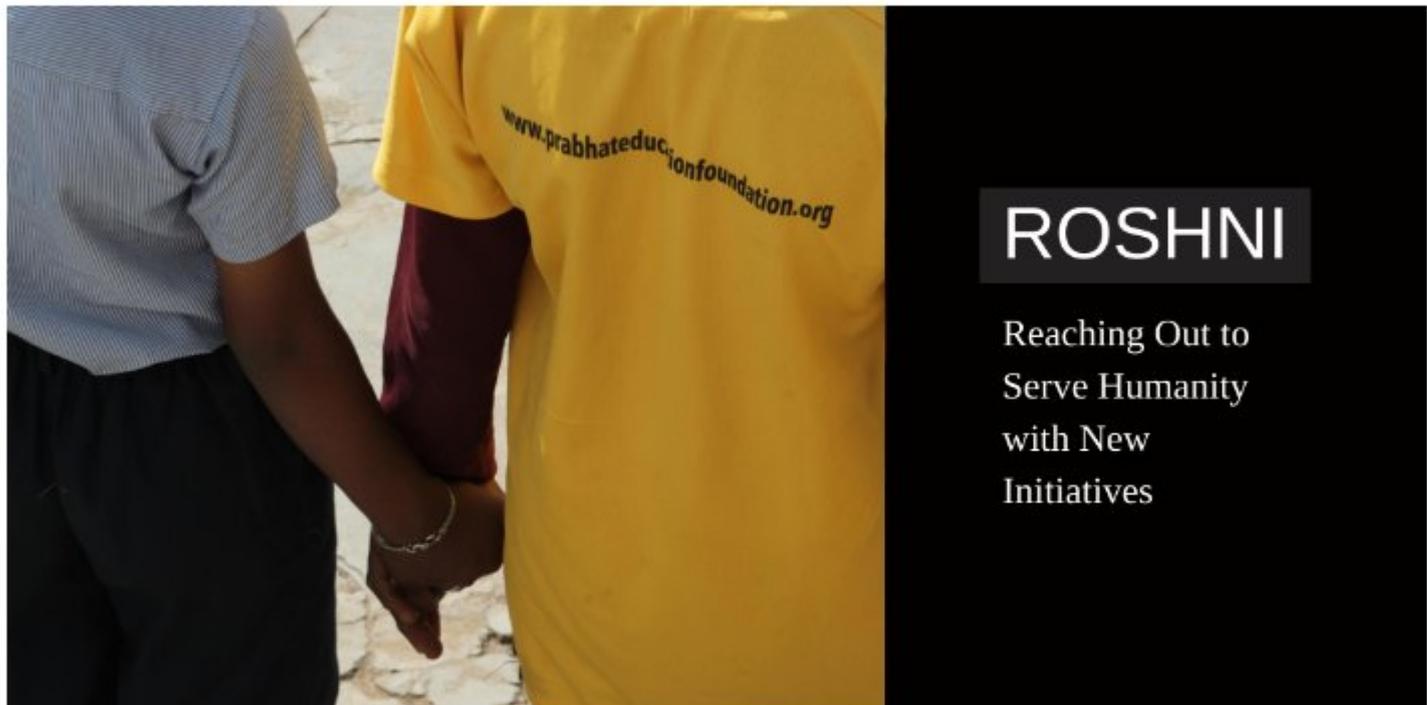


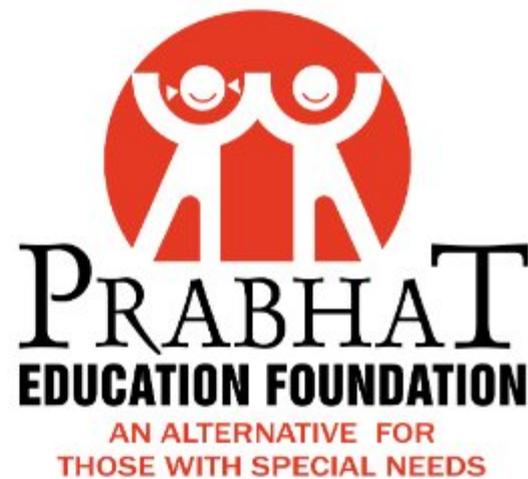
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About Prabhat

Founded in 2003, Prabhat identifies and empowers children with disabilities and learning difficulties, providing accessible learning and rehabilitation services to over 3600 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.

[Learn more](#)



November 2025 | Issue No. 72 | A monthly newsletter

Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

Beyond the Finish Line

In a year when Indian para-athletes delivered their most successful performance in various sports, the message from the national stage is clear: ability, not disability, defines potential. As the Government strongly promotes sports for Persons with

Disabilities, Prabhat encourages this culture of excellence and dignity at the community level.

At Prabhat, we view sports as a vehicle for social inclusion, confidence-building, and holistic development. The philosophy is simple: participation earns visibility and reinforces a rights-based identity defined by capability.



It shone brightly at the Khel Mahakumbh held on November 26th, 27th, and 28th. 42 children from Prabhat participated with tremendous spirit and preparation guided by our teachers. Competing in a range of activities including Bocce, Basketball, Walking, Running, and Softball Throw, our children showcased competitive spirit. They proudly brought home 8 winner titles!

Name	Game	Rank
Mohammed Uvesha Ansari	25m Run	3rd
Ashish Shah	50m Walk	3rd
Mohammed Minhal Saiyed	Softball Throw	3rd
Sophia Shaikh	Basketball	2nd
Suhanapraveen Ansari	Basketball	2nd
Fuzel Jakirhusain Ansari	25m Run	2nd
Shamser Mohammadrizwan Shaikh	Softball Throw	2nd
Rimpy Singh	Boccee	2nd

This achievement is measured not just in medals, but in transformation. Our Special Educators see the immediate impact: *"The preparation for Khel Mahakumbh integrates physical therapy, focus, and social skills in a way no classroom can,"* Jigishaben noted.

One caregiver Shoaib Ansari shared his thoughts: *"Since Suhana joined Prabhat, her teachers consistently encouraged her to participate in special sports events, making sure she practiced hard and had every opportunity to compete. When she won in the Basketball team, it filled our family with immense pride. We ensure that the money she receives from the government for this achievement is kept safely in her own account, securing her future. Our entire family is grateful to Prabhat for understanding our child's potential and giving her such a life-changing opportunity. We thank her teachers, whose dedication made this possible, and we pray they continue their tireless work."*

This transformation of increased focus, financial security, and the sense of belonging teaches our children and the wider community that participation and achievement are essential for weaving inclusion into the fabric of society.

Program Updates

Visit from Timberline Foundation

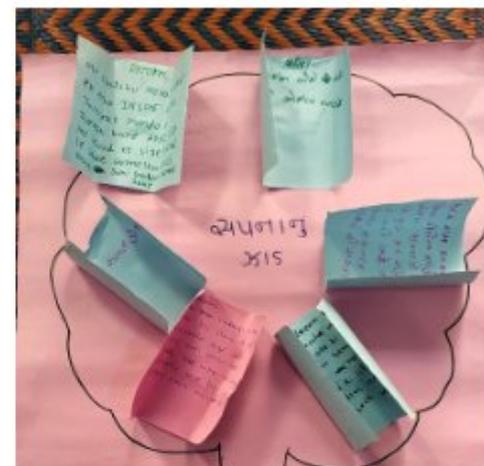
Prabhat welcomed Mr. Glenn Conrad from the Timberline Foundation, who visited Bhaipura Centre to meet the team and spend time understanding the community we serve. His interactions with staff and children were warm and encouraging. He shared heartfelt appreciation for Prabhat's work, noting the "impressive ripple effects" he has witnessed.



Before concluding his two-day visit, Mr. Conrad met children receiving home-based therapies and hosted a team lunch which was a thoughtful gesture that left everyone feeling seen and appreciated.

Strengthening Anganwadis through Support Group workshops

With few Anganwadis shifting to independent practice, we are gradually taking a facilitative role, offering guidance instead of active intervention. To ensure continuity, Parent Support Groups have been formed in these Anganwadis. This month, two such meetings were held in Vatva and Berral Market, where parents learned new teaching methods, inclusive practices, and disability rights. The impact is already visible as we saw a parent in Berral Market Anganwadi conducting activities with children under light supervision, showing growing confidence and ownership.



As we move forward, strengthening collaboration between families and Anganwadi workers will remain key to sustaining inclusive learning environments.

Anganwadi Developmental Screening Campaign continues

The vital Anganwadi screenings aimed at early diagnosis and intervention, continued this month. The team covered 25 Anganwadis in the Bhaipura ward, conducting developmental screenings and identifying children who may benefit from early support. The effort is ongoing, and each round of screenings helps us reach families sooner in order to strengthen inclusive practices at the early childhood level.

Parents Counselling Session

Parent counselling sessions were organised at Vatva and Berral Market where Dr. Killol guided our team on effective one-to-one communication with parents of EI children. At Bhaipura, 14 parents attended the meeting, which also included a light, engaging balancing activity led by Dr. Kavitha bringing learning, clarity, and a little fun together in one space.



Board Review Meeting

Prabhat's Board meeting took place at the end of November, beginning with a visit to the Bhaipura Centre where members interacted with the team and received programme updates and research insights from field staff. The members appreciated the organisation's progress. They encouraged us to continue strengthening peer networks and team well-being alongside ongoing programmatic work.



Kidz Corner

Children's Day Celebrations

The day was marked by creative fun and nature exploration. At Maninagar School No. 4, children celebrated by engaging in a unique art activity, creating vibrant cards by stamping various fruits, vegetables, animals, and vehicles. Meanwhile, the children from the Berral Market center enjoyed an outing to Jadeshwar Forest in Odhav.



Accompanied by their parents, they spent the day playing games, walking, and enjoying the natural environment.

Advocacy and Networking

Apnotsav: A Festival of Inclusion

Prabhat joined hands with students of NID to host *Apnotsav*—a lively, inclusive festival celebrating every child's unique strengths.



Parents, teachers, NID faculty, community leaders, and children came together for a day of games, clay art, wall painting, and shared creativity. The event encouraged genuine belonging, with everyone co-creating in ways that reflected joy and mutual learning.

We witnessed how powerful community participation can be in strengthening inclusion. We encourage and welcome more institutions and individuals to collaborate with us in creating such meaningful experiences.

The partnership continued as multiple NID students engage with Prabhat through hands-on design projects for our children. A product design student developed and tested a life size puzzle activity for EI learners, refining it after observing how children interacted with it. Another student demonstrated a sensory torch with students at the Bhaipura Centre, while a third shared useful insights on improving toilet-training methods. Later in the month, a student returned to test and document a specially designed sensory jacket. These ongoing collaborations continue to enrich learning experiences at the centres through fresh ideas and thoughtful design.



Inclusive eCooking Project: Pilot Testing and Co-design Underway

This month marked a major leap in our Inclusive E-cooking project. All 20 participating households were visited to install accessibility modifications such as plug points, wiring, platforms, and kitchen adjustments which ensured safe and practical use of the chosen appliances. Following this, participants received their selected e-cooking devices along with hands-on demonstrations.



After distribution, Prabhat organised an interactive workshop to understand early user experiences and co-design the “Cooking Diaries,” a simple and accessible daily-logging tool that will capture real-time usage across disability types. Participants shared honest, diverse insights which ranged from initial fear and confusion to growing confidence, independence, and time-saving benefits. While some technical issues emerged (like challenges with buttons and locking mechanisms), most users expressed that e-cooking made their routines safer and more manageable. With continued follow ups and participant-led refinements, this phase is now entering a deeper, community-driven learning cycle that will shape the next stage.



Community Based Rehabilitation

Assistive Services

Following documents were processed this month:

Railway Pass (online): 3

ST Pass (online): 6

Medical Certificate: 4

Additionally, we also assisted 3 parents to open a bank account for their children so that they are able to access the assistance provided by the government.

