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About Prabhat

Founded in 2003, Prabhat identifies and empowers children with disabilities and learning difficulties, providing accessible learning and rehabilitation services to over 3600 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.



[Learn more](#)

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Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

Getting to know Sheikh Sofiya Mohammad Riaz

Meet Sofiya Mohammad Riaz, a confident and kind 17-year-old whose journey with Prabhat is a beautiful example of growth and support. Her early years were marked by health challenges, including

seizures and difficulties with vision and speech. Yet, with strong family support and her association with Prabhat, Sofiya began a journey of steady progress.

At Vatva, Sofiya is known for her enthusiasm and kindness. Despite her low vision, she often assists her peers, including a classmate with complete visual impairment. She enjoys learning and can confidently write numbers up to 100 in both Gujarati and English, recall important information, and express herself. Her interest in arts and crafts is equally strong, and she has developed skills in painting, paper work, and computer use.



Sofiya has also excelled in sports, winning first place at the Ahmedabad level in the Khel Mahakumbh and earning a silver medal at the state level in Himmatnagar. Her confident presence on the fashion show stage last year further highlighted her growing self-assurance.

With Prabhat's guidance, she has not only gained educational support but also practical tools such as the M-R kit, a Papad machine, and travel passes that enable greater independence. Sofiya stands as a symbol of courage and perseverance, reminding us that a person's story is never about "overcoming" a challenge alone, but rather about a beautiful tapestry of support, hard work, and the joyful discovery of who you are, one day at a time.

- Prepared by Jigishaben Bariya

Program Updates

Rakhi Making Magic in the Air!

The joyful preparations for Rakshabandhan are in full swing at all the centres. Our children, with the loving help of their families, are busy creating beautiful, handmade Rakhis. It's amazing to see their creativity flow as they put together these special threads of love! Stay tuned for all the festivities taking place in the next month's edition of ROSHNI.



Eye Screening Camp at Kanakaria School

Kankaria Gujarati School No. 8 hosted a *Sight for Kids* eye screening camp organized by Lions Club International Foundation and Health & Care Foundation Hospital. Children from the resource room also underwent check-ups alongside their peers. SSA teachers along with Principal Birjuben, were present to assess and understand the children's needs. Simultaneously, the process for new admissions for the upcoming academic year is underway in coordination with SSA teachers.

Assessments Underway

As mentioned in the previous edition, psychology and speech assessments were conducted across Prabhat's centres, followed by follow-up meetings with parents. At Bhaipura, 40 children underwent both psychology and speech assessments, while 22 children at Kankaria and 44 children at Barrel Market received the same. In Vatva, 38 children participated in psychology assessments and 25 in speech assessments.



Children under the Home-Based program were also included in this round of evaluations.

Mainstreaming Success!

Congratulations to Patel Aiza and Faizal who are transitioning into a mainstream school at Anupam(Smart) Primary School No 2 in Grade 1 and Gujarati/Urdu Shaala No 1/2 in Grade 5.

Exposure Visit to the Supermarket

Children from the Vatva Centre enjoyed an exposure visit to a local supermarket mall

this month. Ahead of the visit, parents were asked to guide their children in selecting one or two household items they would learn to purchase. For many, it was their first experience of shopping in a mall, and the excitement was evident. While some were momentarily dazzled by the wide range of choices, the children remained thoughtful about their purchases. To the pleasant surprise of the staff, they chose only what was needed, managing their money with care while also satisfying their curiosity by exploring and learning about new products.



These real-world experiences are crucial for their growth. Navigating a public space, managing money, and making choices build confidence and social skills that are essential for their development.

Sound Healing Session for our Team

To prioritize the well-being of our dedicated team, a sound healing session was recently organized at the Bhaipura center, facilitated by Dr. Purnima and Dr. Hetal. This modern wellness practice, though initially new to many, had a profound impact on the team.

Sound healing, which uses resonant frequencies and vibrations to promote relaxation, is believed to help the brain shift from a busy beta state to a more calm alpha or theta state. For some, the session offered a deep sense of peace, while others felt it was a first step toward finding calm amidst their inner "chaos."

One team member vividly described a feeling of being surrounded by nature, hearing the sounds of a flowing stream and waves, and even the unique sensation of a first flight—a testament to how sound can transport the mind to a place of tranquility.

Advocacy and Networking



Internships

19 students from NID's Product Design Department accompanying the team for home visits during the latter half of the month. They engaged with parents to understand children's daily routines and the adjustments families make in their everyday lives. The students were later brought to the

centre for classroom observations across different rooms.

The visit concluded with a constructive discussion, allowing them to share feedback and reflect on their learnings.



Students from CRC, pursuing CBID course, continued their internships with Prabhat this month as well. As part of their learning, a visit to the Disability Rehabilitation Centre was organized, where they observed the process of obtaining a Civil Certificate for persons with disabilities through a practical demonstration.

Spotlight on Visitors



Representatives from S&P Global visited Bhaipura to gain a better understanding of our activities.



Lions Club representatives attended our children's Rakhi Exhibition and generously distributed notebooks to all the students.



Members of the Evolv Community, who have been engaging with us, visited to learn more about our work firsthand.

Research Updates on Inclusive Education

As part of our ongoing White Paper on Inclusive Education, the team conducted a survey this month at the Vatva Centre. Interactions with persons with disabilities and their parents/caregivers offered valuable insights, further enriching the study's content and strengthening its recommendations.



A Practical Lens on the Right to Education

Grade 5 students from Riverside School went beyond the regular Buddy Interaction Initiative and embarked on a learning visit to Mahavir and Alex Schools in Shahwadi. The

visit aimed to help them understand Child Rights and the Right to Education Act in practice. From classroom training sessions to interactive discussions, they gained a deeper perspective on how policies shape education.



Capacity Building

Strengthening Inclusive Anganwadis Work

As part of ongoing capacity building, our Inclusive Anganwadi team attended a workshop in Pune, organized by Wipro Foundation and facilitated by Pragati Shikshan Sansthan. Program Coordinator Kashmira Ben and Special Educators Sejal Ben and Chandrika Ben actively engaged in sessions on inclusive classroom practices, learning-through-play activities, and strategies to create supportive environments for children. Such continuous trainings with Pragati Shikshan Sansthan are equipping our team with practical tools and approaches that directly enhance our work with Anganwadis, making them more inclusive and nurturing for every child.



Kidz Corner

Sitare Zameen Par with our own 'Sitare'

Our students from the Bhaipura and Vatva centers went to watch 'Sitare Zameen Par' this month. While parts of the film were difficult for them to follow, the music struck a chord—every song had them tapping their feet and eager to dance. Such opportunities remind us of the importance of creating spaces where every child can share in everyday joys.



Community Based Rehabilitation

Parents Step into the Circle

Our work with children is only as strong as our partnership with their families. Keeping this in mind, Prabhat has initiated Parents' Associations at the Vatva and Bhaipura centres. These Associations are support groups, designed to deepen engagement with parents, who are key stakeholders in creating inclusive spaces for children with developmental delays.

In July, Mothers came together for simple activities and open discussions that revolved around understanding disabilities such as Cerebral Palsy and Down Syndrome, identifying early signs, and addressing the day-to-day challenges faced by parents. The sessions also introduced practical physiotherapy exercises and provided guidance on government schemes that could support families and children in accessing resources and entitlements. Light games and interactive activities added moments of relaxation and relief, recognizing the challenges of caregiving.



While mothers have been the primary participants so far, Prabhat acknowledges the importance of fathers and other caregivers in a child's development and wellbeing. Efforts will be made to encourage their involvement in future sessions, ensuring that these support groups remain inclusive and balanced for all caregivers.

Ek Din Prabhat Ke Naam

We have firmly believed that true celebrations lies not in charity but in shared joy. Prabhat is deeply grateful to the many well-wishers who choose to celebrate their special days with us and our children. It's heartwarming to see so many people dedicate their birthdays, anniversaries, and other milestones to a day of connection and togetherness.

Our '*Ek Din Prabhat ke Naam*' initiative is built on this very idea. It's not about making a donation and leaving; it's about spending time with our children, sharing laughter, and creating beautiful memories. The children are filled with pure delight when they get to play games, dance, and celebrate with new friends.

This month, we had several such celebrations, each one a unique and special experience. The happiness in the room is a powerful reminder that our children are not objects of charity. They are bright, vibrant individuals who enrich the lives of everyone they meet.



We invite you to celebrate your next special day with us. It's a chance to build genuine connections, learn more about our work, and share in the simple joy of being together. Your presence is the greatest gift. If you wish, you can contribute to our mission, but the most important thing you can bring is a spirit of fun and friendship.

For more information on how you can spend your special day with us, please [contact us](#).

Assistive Services

Following documents were processed this month:

Railway Pass (online): 5

ST Pass (online): 6



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