View this email in your browser



About Prabhat

Founded in 2003, Prabhat identifies and empowers children with disabilities and learning difficulties, providing accessible learning and rehabilitation services to over 3600 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.



Learn more

April 2025 | Issue No. 65 | A monthly newsletter

Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

Soni discovers her potential at Prabhat

Discovering and nurturing inherent skills with the right guidance is key to empowering individuals. Seventeen-year-old Soni, who has cerebral palsy and faces mobility challenges, found this at the vocational unit of Prabhat's Bhaipura Center. Having spent two years engaged in household chores after not passing her 10th-grade exams, Soni felt a growing sense of disappointment and frustration due to a lack of engaging activities or personal goals, leading to low self-esteem.

The Bhaipura Center offered a new path. Seven months ago, Soni's mother, recognizing the center's potential, enrolled her. Given the family's background in tailoring, they hoped Soni would also learn this skill. Initially, learning the sewing machine was a significant challenge, requiring one-on-one instruction. Overwhelmed and battling feelings of inadequacy, Soni expressed reluctance to continue attending the center.

However, the vocational teacher and the Prabhat team understood Soni's struggles and created a supportive environment. Gradually, Soni's interest expanded to other center activities. The pivotal moment came when she grasped the basics of operating the sewing machine. This newfound skill sparked her confidence and a desire to learn more. Simultaneously, academic support was initiated to help her prepare for her 10th– grade exams.

"Now," Soni shares, "I want to learn everything about sewing. My teacher is currently teaching me drawing, and then I will learn cutting."





Vocational teacher Anita Ben notes Soni's remarkable progress: "Soni now even helps teach other children and looks out for them. Earlier, she was hesitant to try new things, but now she approaches every task with enthusiasm."

Prabhat's team is dedicated to empowering Soni towards self-reliance, envisioning sewing as a sustainable means of livelihood for her future. We extend our best wishes to Soni on her continued journey.

Prepared by: Anita Ben Kushwaha - Sewing Teacher (Vocational Unit)

Program Updates

Eid Celebrations: Joy knows no age

At Prabhat, Eid was celebrated not just with children but also with their parents—making



Annual Summer Camp

Prabhat Education Foundation's journey began with the spirit of inclusion, a principle that shines brightly in our annual summer camp. This much-anticipated event, eagerly awaited by both the Prabhat team and the children, is designed to ensure that every child, regardless of ability, can participate and experience joy. Organized in coordination with all schools and Anganwadis under Prabhat's care, the summer camp aims to nurture the ideology of inclusive education among children, teachers, and management.



Promoting Menstrual Health and Awareness

In a thoughtful initiative focused on the selfrespect and health of teenage girls, the <u>Rahi</u> <u>Foundation distributed sanitary pads to those</u> <u>visiting the Center</u>. Recognizing the persistent misconceptions surrounding menstrual health in society, this event aimed to provide crucial education and support. The teenage girls received a year's supply of sanitary pads, ensuring their consistent it a truly heartwarming affair. Recognizing that caregivers rarely get moments of lightness amidst their responsibilities, Prabhat ensured the festivities offered joy to all. Twenty-four parents joined in with enthusiasm, sharing laughter, food, and playful activities that rekindled their own childlike joy. It was a celebration of togetherness, reminding us that every festival shines brighter when experienced as a community.

This year's camp at A.B. Vidyalaya (April 24–30) saw enthusiastic participation from 535 children, including 90 from Prabhat. The Bhaipura Center also buzzed with energy, with 95 children from Prabhat and 125 from the community joining in the fun, which included drawing, collage work, carrom, balancing activities, musical chairs, sand-painting, and various other games. The summer camp continues in May, with more exciting updates to follow next month.



ભાઈપુરાખોખરામાંદિવ્યાંગબાળાઓનેસેનેટરીપેડનુંવિતરણ



અમદાવાદ । રાહી ફાઉન્ડેશન દ્વારા પ્રભાત એજ્યુકેશન ફાઉન્ડેશન ભાઈપુરા ખોખરા સંચાલિત દિવ્યાંગ શાળામાં બાળાઓ અને તેમની માતાઓને એક વર્ષ ચાલે તેટલા સેનેટરી પેડનું વિતરણ કરવામાં આવ્યું હતું.

access to this essential resource. Furthermore, an important dialogue was held with their mothers, addressing the specific challenges faced by teenage girls with special needs during menstruation and exploring solutions.



Kankaria Resource Room Students Excel

During the event, they also gifted a copy of 'Sukhno Suryodaya,' a book by Jayeshbhai Parikh, to the organization. Representatives Niharika Parikh and Jayesh Pandya from Rahi foundation were also present for this impactful initiative.

Community Assessment Camps Organised

Committed to ensuring that no child or person with special needs is overlooked, Prabhat regularly conducts community outreach to identify individuals who could benefit from our services. Prior to the camps, the team actively spread awareness through field visits and distribution pamphlet to encourage participation. This month, three assessment camps were organized as part of this ongoing effort. Following community-wide information dissemination through pamphlets, camps were held at Amraiwadi, near Vatva and at Khokhra Sports Complex. These camps brought together experts, including physiotherapists and psychologists, who conducted thorough assessments. A total of 94 individuals with special needs participated. Individuals ranging from Early Intervention to Vocational categories were identified for center-based support, while senior participants were listed for equipment assistance and documentation.

Nine children from the Kankaria Resource Room successfully gave their year-end examinations—an important milestone in their learning journey. This achievement brought immense joy to both the Prabhat team and the parents. Beyond academic progress, this moment also reflects the strengthening of inclusive education systems, making the journey all the more meaningful.

Advocacy and Networking

Prabhat x Anant National University: Documenting Vocational Inclusion

We have again partnered with Anant University Fellowship students for their annual documentary project. This year, the focus is on vocational opportunities for persons with disabilities, exploring how inclusive workspaces are created and adapted to individual needs.



The students have begun their research by profiling two of Prabhat's vocational trainees, Adil Khan and Rutvik Solanki. They visited their workplaces—JB Fragrances and Norquest Brands— to observe their daily interactions, integration with co-workers, and the impact of meaningful employment on their lives. Home visits enriched this study, offering personal insights into their aspirations, leisure activities, and health challenges. This collaboration aims to amplify stories of inclusion and bring real-life examples of workplace integration to a larger audience.



Students from the Composite Regional Centre (CRC)'s CBID program visited the Bhaipura Center.



NID Product and Toy Department student made an interactive tent. Practical work was done with children. Experience of the children was observed.



Psychology students from CRC Odhav, Gaza and Shivani conducted consultations with parents at Vatva Centre to assess children's developmental efficiencies across age groups.

Community Based Rehabilitation

Aids and Appliances Assessment Camp

Prabhat's community-based rehabilitation strategy involves networking to address the needs of individuals with disabilities at various levels and adopting a holistic development approach. As part of this, we actively facilitate access to essential equipment. This month, two significant aids and appliances assessment camps were organized at Isanpur through a collaborative effort involving ALIMCO, the Ali Yawar Jung National Institute of Speech and Hearing



We played a crucial role in community awareness and mobilization for these camps, which saw the registration of 206 Disabilities, the Department of Empowerment of Persons with Disabilities, and the Honorable MLA Amul Bhatt Friends Club. persons with disabilities and 180 senior citizens. The distribution of equipment is planned for May.

Assistive Services

Following documents were processed this month:

Medical Certificate: 2 Pension Forms : 3	Railway Pass: 4 State Transport Forms: 4
f	💿 🖸 🔀 🖼 🌐 in
PRABHAT EDUCATION FOUNDATION AN ALTERNATIVE FOR THOSE WITH SPECIAL NEEDS	
Copyright (C) 2024 Prabhat Education Foundation. All rights reserved.	

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe</u>