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About Prabhat

Founded in 2003, Prabhat identifies and empowers children with learning difficulties, providing accessible learning and rehabilitation services to over 3000 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.



[Learn more](#)

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Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

Prabhat's literal 'ray' of dawn & hope: Kiranbhai



In our field of work, one name resonates deeply within the community—Kiranbhai.

Synonymous with community-based rehabilitation, his resourcefulness has changed countless lives of children with special needs and their families. Reflecting on his journey, Kiranbhai says, *"I wanted to ensure others don't face the difficulties I did, and through Prabhat, I am fulfilling that goal."*

After completing ITI in Diesel Mechanics, physical limitations pushed him to pivot, taking up bookbinding and screen printing at an organization. His career began as a teacher and later a hostel superintendent, yet he longed to give back more to the community. His second career phase began with Prabhat, and now, 15 years later, his impact speaks volumes.

His ability to build relationships with government departments has streamlined processes for medical certificates, transport passes, and vocational documents, empowering families to navigate these systems independently. Kiranbhai's focus has always been on long-term development, supporting independence rather than dependence. By guiding families through their first government visits and encouraging self-reliance, he has created a sustainable support system. His work extends beyond paperwork; he is a bridge to educational and livelihood opportunities, ensuring a brighter future for those he serves.

His ongoing learning, including completing the Community-Based Inclusive Development (CBID) course, reflects his commitment to enhancing his role. Honored with the Guardian Angel Award by Vishalwin Foundation, Kiranbhai has truly become a "Ray of Dawn" at Prabhat. His work continues to illuminate the paths of many children and families, embodying the essence of Prabhat—bringing light where it is most needed.

Program Updates

Festivals Celebrations Continue..

There is no bond quite like that between a teacher and student. This unique relationship can only be compared to a few others, as it combines the love of family, the companionship of a

friend, and the guidance of a Guru. For the children of Prabhat, their connection with their Guru is particularly special. This blend of affection, friendship, and mentorship was joyfully celebrated during this year's Teacher's Day at Prabhat, just as it is every year.



For Ganeshchaturthi, the celebration was twofold. Alongside the joyous festivities, children learned to create Ganesh idols from clay and leaves, emphasizing the importance of environmental preservation. Each centre held a lively and spirited celebration.



Buddy Interaction

We continued our tradition of welcoming Riverside School's Grade 6 students to our Bhaipura Centre. The children from both Riverside and Prabhat bonded through fun and learning activities, building lasting friendships and promoting inclusion.

Additionally, 70 students from Udgam High School joined us for Diya decoration activity, further strengthening the concept of an inclusive community.



Wheels of Progress: Enhancing Mobility

Vocational skills are vital for both Prabhat and its students. Ensuring that individuals not only find suitable work but also sustain it with minimal difficulty is key. To support this, Prabhat's team regularly follows up with both the organization and the individual to address any challenges.

Recently, a vocational trainee faced difficulty moving around at work. To solve this, the team provided a simple, cost-effective solution by attaching wheels to the trainee's wooden stool, enabling easier movement and greater independence in the workplace.

New Admissions

Prabhat welcomed six new children into its family this month. Four Children joined our Vatva Centre out of which two were successfully enrolled for admission into Anganwadi. Two children are admitted to the resource room at Kankaria School No. 8, further expanding our network.

Advocacy & Networking



Anant Fellows explore opportunities

Students and Faculty members from the Design Department of Anant University visited our center this month. They engaged with our vocational unit's individuals, exploring potential opportunities and skills development for them and their families.

Welcoming Connections

Prabhat continues to engage new individuals in its mission of building an inclusive community. As part of this effort, Ms. Preksha and Ms. Rachna visited the Vatva Center to gain insights into Prabhat's work.

Innovating for Inclusion: NID Prototypes Support Children with Cerebral Palsy

As mentioned in the August Newsletter, the National Institute of Design (NID) unveiled three innovative prototypes designed to assist children with cerebral palsy in lifting, walking, and seating. These prototypes were rigorously field-tested and subsequently presented to a panel of experts for evaluation.

The experts assessed the practicality and effectiveness of these designs in real-world settings, providing valuable feedback that will inform future iterations. This collaborative process not only benefits the design students involved but also contributes to Prabhat's ongoing efforts to develop accessible resources and support opportunities for children with special needs.

By fostering innovation and collaboration, we aim to bridge the gap between specialized care and mainstream inclusion, empowering children with cerebral palsy to reach their full potential.

STUDENTS WORK WITH NGOs FOR AFFORDABLE, USER-FRIENDLY SOLUTIONS

NIDians design products for people with special needs

Tel 20.9.24



TAAL-MEL | ADITHYAN, KAVISH, OMKAR, AND SHRIYANSH

Shriyansh Gupta, the designer, explained that the therapy tool is specifically designed to help patients with spastic diplegia, a condition that hinders coordination of hand and leg movements. "Made with pulleys, fibreboard, ball bearings and rope, it is cost-effective and easy to use. It can replace gym equipment designed for the same purpose," he said.

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In a world where children with disabilities and their parents face unique challenges, access to specialized exercise equipment is often limited to specialized institutions, and costs run into lakhs. A collaboration between students of product design at the National Institute of Design (NID) in Ahmedabad and local NGOs has led to innovative solutions. The students have created products that are affordable, low-maintenance and user-friendly, in partnership with organizations such as Prabhat, Uththan, Health and Care Foundation and BPA.

Gayatri Menon, course faculty, said that the exhibition of products was part of the Design for Special Needs initiative.

Students worked on projects to assist children with cerebral palsy and their caregivers. One such project was Navanu, by Ankit, Kriti, Pruthu, and Sanika, which focused on creating affordable seating and bathing solutions for children affected by the condition.

TITLI | NIMISHA SURESH AND ANITA KUSHUHA

Designed as an upright mobility device, it has a harness that secures the head, neck and upper body to enable children with special needs to walk with the support of an adult. It can be used to facilitate exercise for children with cerebral palsy, said the designers.



MAKESQUISH | SAI NIVEDITHA AND SHARVARI PAWADE

Sharvari, a designer, has created a do-it-yourself (DIY) tent-making kit tailored for children with autism spectrum disorder

Ahmedabad University Students begin their Internship

Twelve students from Ahmedabad University visited Prabhat's Bhaipura Center to kick off their 30-hour internship. They gained insights into Prabhat's work and discussed project ideas they will pursue during their internship.

IITRAM Students Explore Collaboration

Students from Club Dayatva at IITRAM Ahmedabad visited Prabhat's Bhaipura Centre to explore potential internship opportunities. Discussions are ongoing about their students conducting educational classes for Prabhat's children.

Kidz Corner

A 'Princess' Walk to Remember

Prabhat recently had an opportunity of collaborating with fashion designer Ms. Zeel Agarwal's ZRA Couture for a truly unforgettable experience. To mark the tenth anniversary of her boutique and celebrate her birthday, Ms. Agarwal proposed to showcase her new couture collection through our girls.



This unique collaboration was a celebration of inclusion and diversity, showcasing the beauty and potential of our girls.

From practicing their walk to selecting the perfect outfits, every detail was carefully considered to ensure the girls felt confident and comfortable. The event demonstrated that opportunities for expression and confidence belong to everyone, dismantling the restrictive idea that certain activities are reserved for select groups.

The impact on our girls and their families was profound. The girls radiated confidence and joy as they strutted down the runway in Ms. Agarwal's stunning designs. This experience boosted their self-esteem and instilled a belief in their own potential. We are immensely proud of them for their performance and happy that Agarwal showed her commitment to making a difference.



Science sparks Connections

At the Science Fair held at Kankaria School No. 8, parents and children eagerly participated. The children's curiosity was sparked as their peers explained experiments in simple terms, leading to meaningful and heartwarming interactions.

A Day of Discovery at Kankaria Zoo

Our children from the Kankaria School Resource Room enjoyed an outing to Kankaria Lake and Zoo. Joined by children from the other resource rooms of schools, they had the opportunity to explore the natural surroundings and make new friends. These exposure visits play a vital role in the overall development of children with special needs, fostering social skills, independence, and a sense of wonder.



Community Highlights

Engagement with Community

Prabhat connected with a local youth group in Bhaipura to raise awareness about the organization. With their support, Prabhat's children were taken to visit a Ganesha pandal, where they were warmly welcomed. The youth group also expressed their willingness to support Prabhat's new center in the future.



Sensitizing young girls with disabilities about menstruation is crucial for their overall health, dignity, and independence.

Menstrual Awareness Session

Recently, Mr. Kiranbhai Modi distributed 40 sanitary pads to 10 girls of our center. Following this, we held a meeting with their mothers to discuss menstrual health and hygiene. The session focused on key considerations during menstruation, while mothers shared the challenges they face in managing menstruation for girls with disabilities. We provided practical guidance to address these issues.

Medicine Dispensing for Epilepsy

Following the Epilepsy Camp hosted by KD Foundation, prescribed medications were distributed to nine children with epilepsy symptoms, along with their guardians. Guidance was

also provided on the correct dosage and timing for administering the medication.

Assistive Services

Following documents were processed this month:

Medical Certificate: 3

Railway Pass: 4

Pension Forms : 5

State Transport Forms: 6

Aadhar Card: 01



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