

[View this email in your browser](#)

About Prabhat

Founded in 2003, Prabhat identifies and empowers children with learning difficulties, providing accessible learning and rehabilitation services to over 3000 individuals in Ahmedabad. Working closely with local communities, Prabhat fosters inclusive education and support for individuals with disabilities and their families.



[Learn more](#)

August 2024 | Issue No. 57 | A monthly newsletter

Hello readers! Explore community highlights, glean valuable insights, and get inspired to take action. Enjoy the read!

From Fear to Freedom: Alisha's story of Growth.



Four-year-old Alisha Sheikh, born with cerebral palsy, arrived at Vatva Center with significant challenges. She lacked neck control, couldn't sit, and spent most of her time lying down. Her mother, Afsanaben, was deeply worried about Alisha's future, fearing she would remain bedridden. But her determination to find help led her to Prabhat.

With a personalized action plan and regular physiotherapy, Alisha's transformation began to unfold. Within six months, she gained neck control, could sit upright, and started grasping

objects—milestones her family once thought impossible. The once overwhelming anxiety in her household gave way to hope and a renewed sense of commitment to her progress. Our support extended beyond therapy. Alisha was prepared for enrollment in a nearby Anganwadi, where she was introduced to group activities, learning to identify fruits, vegetables, and colors. To ease her transition, Prabhat ensured she spent part of her week at the Anganwadi and the rest at the center, receiving ongoing therapy while adjusting to her new environment.

This holistic approach—working closely with the family, Anganwadi staff, and the broader community—ensures that children like Alisha receive the support they need to thrive. While challenges remain, Alisha’s journey toward inclusion has begun, powered by her family’s resolve and our commitment to creating pathways for children with special needs.

Prepared by – Ushaben Parmar

Program Updates

Rakhis, Radha and Rain: Festivals that brought us closer

Festivals this month brought excitement and unity across Prabhat’s Centers, Resource Rooms, Anganwadis, and Home-Based programs. Independence Day, Rakshabandhan, and Janmashtami were celebrated with enthusiasm, providing a wonderful opportunity for children, parents, and teachers to come together.

At Kankaria School’s Resource Room, children joined their peers to make Rakhis, while the newly opened Bhaipura Centre celebrated its first festival season with joy. Children dressed as Radha and Krishna, broke matkis, and played Garba in the rain, creating a warm, intimate connection with their parents.

Prabhat’s children also proudly participated in the Street Smart celebration on Independence Day, showcasing the power of inclusion. These festivities fostered a spirit of togetherness and equality, planting seeds of an inclusive community.





Psychological Assessments at Bhaipura

Dr. Malav recently conducted psychological assessments for 45 children at the Bhaipura Center. Based on these evaluations, each child will receive a personalized plan. For many parents, this was their first experience with such an assessment, and they were eager to gain deeper insights into their children's development.

Parents & Guardians meeting at Bhaipura

The first meeting with parents and guardians at Bhaipura Center saw 25 parents in attendance. During the session, we listened to their experiences and answered questions about their children. We also explained our working methods, centre timings, and the importance of regularity. To keep parents informed, it was decided to create a WhatsApp group for regular updates on activities.



Advocacy & Networking



Anganwadi Outreach

Prabhat visited 23 Anganwadis in Bhaipura Ward and surveyed 40 children with special needs through the information received. Parents were personally contacted, and detailed discussions were held about Prabhat's work and the center's operations.

Engaging further with Anganwadi workers, a meeting was held to introduce them to Prabhat and its programs. The focus was on identifying children with special needs in their area. As a result, Rekhaben, an Anganwadi worker from Bhaipura Ward 4, visited our Center with 10 local parents. During the visit, they explored center's activities, including Sensory, Vocational, and



Special Education programs, gaining insights into our operations and environment.

Internship

This time, as part of their internship, students from the National Institute of Design have been working on two innovative prototypes for Prabhat. Their process included a team meeting, community field research, and prototype development. The projects include a jacket designed to assist children with cerebral palsy in walking more easily and a chair to simplify bathing for children with severe disabilities. Both prototypes have been tested in the field, and improvements are underway. These efforts highlight Prabhat's role in fostering inclusive design solutions for individuals with special needs.



Community Highlights

Fathers in Focus: Navigating Challenges with Special Needs Children

A workshop with 20 fathers was organized based on a study conducted by Prabhat to explore the father-child relationship in families with children who have special needs. The session encouraged open discussions about the roles fathers play, the challenges they face, and their perspectives. Key issues, such as the strain of financial pressures, limited time for their children, and the impact on their mental well-being, were highlighted. The workshop provided valuable insights, and Prabhat plans to continue these sessions to further understand and address these concerns.





Nurturing Independence Together

At resource centers, mothers receive hands-on training during the early stages of their child's development, with a focus on fostering the child's independence and adaptability. This training equips mothers with a scientific understanding of how to support their child, building their confidence and enhancing family involvement. Recently, mothers attending the Kankaria School resource room participated in various activities, including free play with their children. Through games like ball-passing, jumping etc, both mothers and children enjoyed quality time together, deepening their bond in a supportive environment.

Assistive Services

S.T. Passes: 4(online)

Railway Pass: 3 (Online)

Pension Forms : 3

In addition, we collaborated with Andh Apang Kalyan Kendra and distributed 3 Laaris, 2 laaris selling Hot-Cold Refreshments, and a Papad Making Machine Kit to individuals with disabilities.

Resources Corner

The Central Board of Secondary Education (CBSE) has issued guidelines for provisions supporting Children with Special Needs in both existing schools and those seeking affiliation. These guidelines aim to ensure that schools create inclusive environments where children with special needs can access education in conditions tailored to their requirements. You can check the guidelines [here](#).



Copyright (C) 2024 Prabhat Education Foundation. All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe](#)

