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# Roshni

Reaching Out to Serve Humanity with  
New Initiatives



## About Prabhat

The Prabhat Education Foundation reflects a journey that began in 2003 through the identification and nurturing of children with learning difficulties struggling in mainstream schools. In time, realizing the need for education and learning of this group and particularly of children, Prabhat conceptualized an institutional facility to provide systematic learning and rehabilitation services that could be accessible for those challenged by poverty and mobility. Working with and through local communities is Prabhat's hallmark.

What started as a modest beginning, with one child in 2007, has now reached to more than 3000 persons with disabilities in Ahmedabad as well as to their families, neighbours and communities.



Nurturing equality



# Small steps towards a big change!

When a strong-minded person has to depend on others on account of any physical condition, it becomes difficult to judge that individual's state of mind. Pushpaben was also going through something similar. Pushpaben, aged around 40 years is living a blissful life with her husband. Her husband goes to work and Pushpaben solely looks after their home. The only thing that always 'annoyed' her was her dependence on her husband for going anywhere out of the house. Due to her **locomotor disability**, she had to rely on others for some work. Her husband loves her profoundly, so if he has to go anywhere, he would lift her up and seat her and drive. Surely this love of her husband was a strong support for her, but somewhere in the corner of her heart it was also pinching. Gradually, they avoided going out almost everywhere and adjusted to the situation. In this calm flow of life, there came such a happy turn that their happiness knew no bounds. He couldn't believe that even an 'object' can bring such a happy result in one's life.

He came in touch with Prabhat Education Foundation (Prabhat) through an acquaintance. Prabhat's Community Base Rehabilitation (CBR)

is doing various interventions in the so that a disabled person can lead a dignified life and become self-reliant. As a major part of this, distribution of equipment-assistance is done from time to time. This task undertaken in coordination with a private organization or government, in which instrumental assistance is given to those who can be alleviated in disability. Prabhat's team co-ordinated with Pushpaben in this course of action. She was then facilitated by Prabhat through the civil certificate for necessary equipment support, in which she was also given a wheelchair and a tricycle with batteries to help her cope up with the disability.

With the usage of these, she can now cross the threshold of the house independently, move-on without anyone's help for her teeny-tiny needs, be it shopping for vegetables or anything else. She is also to attend social events. Of course, she goes with her husband, but now there is no mental pressure on any of them. One can see that sparkle in her eyes when she steps out with self-respect. It is rightly said that, we can't completely eliminate some conditions in our lives but we can certainly make them milder.

**-Prepared by: Kishore Vaghela (Special Educator)**



[https://www.instagram.com/prabhat\\_education\\_foundation/](https://www.instagram.com/prabhat_education_foundation/)



<https://www.youtube.com/channel/UCe1oxuBWMDvyCRk2EPzjIA>



<https://www.facebook.com/Prabhateducationfoundation/>



[www.pra bhateducationfoundation.org](http://www.pra bhateducationfoundation.org)

## Monthly update

**Kankaria Shaala Resource Room:** The school and the resource room are commendably complementing each other and just not in terms of sharing the space but in the integrity that they share. Whether its assessing the children in a unit test or the activity of making rakhi together- the children at the resource room and the school have gradually developed a sweet-sour bond with inculcating moral values in the growing children.

**First experience:** 13 children have got admission in the new session this year and the weekly unit test experience of 3rd to 7th grades' children was memorable. At the resource centre, the process of imparting education to them is done through constructive methods so that they can build a rapport with other children. Along with this, children are also participating in school activities like the weekly test. This was the first time, when they appeared for the test in a complete formal manner- of sitting till the end of the test. This surely was a memorable event for Prabhat team, the children and the parents.

**Teachers' Day Celebration:** The connection between Prabhat's teachers and children is an amazing one. So, celebration of Teacher's Day in Prabhat is no less than a festival. Talking about that, one of the children had come dressed-up as a physiotherapist making a child exercise with his small hands, someone was seen teaching others, a music teacher was seen singing children's songs. Seeing their mates as young teachers, other children were amused at the celebration. The other attraction of the event was a **cerebral palsy (CP) child who had come as Dr. Sarvapalli Radhakrishnan**. The parents, equally excited, made all efforts to make the day entertaining. His parents had searched and bought a special dress for the child. They say, "It is a joy for us that our child looks like such a big person today and we also thank Prabhat for being the platform for showcasing their child despite having CP.

In such events, witnessing the expressions and actions of the children, gives a boost to the parents. They are also happy to see their child's love in the relationship with Prabhat.

**Buddy Interaction:** Many a times, Prabhat's children interact with mainstream school students. This lets the students gain a perspective, learn life skills and take a step towards an inclusive society. Throughout the year, students of Grade 6, Riverside School visit Prabhat Center on regular intervals and perform various activities. This month 27 students have visited Prabhat.

**Celebration of festivals:** Festivals are a symbol of happiness and sharing-which is why Prabhat does not miss the opportunity of celebrating each festival. In fact, this entire month was festive. Janmashtami, Ganesh Chaturthi and Eid-E-Milad were celebrated with enthusiasm. Activities were arranged, in accordance to the festival. Children enjoyed with delicious food and loads of fun.

**Assistive services:** Civil Certificates: 6, Forms - Railway passes: 6 (offline) and 4 (online) State Transportation: 7 Pension Scheme: 4 Equipment Aid Distribution: Alphanar kits: 53 disabled persons with the coordination of And ha Apang Kalyan Kendra, composite regional center Ahmedabad (CRC). Hearing aids: 5 children from Odhav.

**Psychological Assessment:** Children at Prabhat are periodically assessed by psychologists. Often this process is also done when new children arrive. This assessment was conducted by Dr. Killol and Dr. Malav at Barel Market and A.B. Vidyalaya. A total of 40 children of the school were tested. After the assessment, a discussion was conducted with the Prabhat team and psychologists. In the interaction, suggestions regarding the child's medicine, surgery or other treatment are made. In addition, they are given individual reports.

**Parents' meeting:** Prabhat has a systematic communication with parents. This strengthens the relationship with them and also sharing of experiences regarding the progress of the child can be exchanged. For this purpose, in this month. A meeting was organized with this regard, with 11 parents of A.B. Vidyalaya and 26 of Beral Market. Activities along with games were conducted. Parents were blind-folded for identifying their children with the aim of the parent to not only recognize a sign of his child, but also to recognize the warmth of the child to create a stronger bond. With this, the parents realized the creativity the special educator's teaching method for the child and implementing it at home in various ways.

**Teachers' Training:** Prabhat team conducts remedial classes at A.B. Vidyalaya Daily on a daily basis with are conducted by 14 children. In addition to this, the educators for learning disability (LD) were trained by Psychologist Dr. Malav Shah. Under this, they learn more about the issues related to disability and also identification of disabled children. This would enable the commoners also to reach for remedial classes. Apart from this, interesting inputs on methods of teaching LD children were also discussed. The teachers were able to recognize the children of their class only during this training. Under this training, 9 teachers participated in this training and attempts were made to dispel their belief that LD is a disease.

**Parents of Park:** This event was organized jointly by Prabhat Education Foundation and aProCh- **a community based initiative** - at Mahalakshmi Lake in Vatva. Out of the 270 children that participated enthusiastically, Prabhat's special children were around 60, besides the 30 representatives of schools and institutions. Children were dancing, doing craft, lamp painting and other activities in the park. The experience of the program (being held in the eastern region for the first time) by aProCh organization was thrilling. This was also a small step towards building an inclusive society. The aim was that children not only have fun but also developing the value of accepting every child.



# Photo Gallery!



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