

Roshni

Reaching Out to Serve
Humanity with New
Initiatives



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About Prabhat

The Prabhat Education Foundation reflects a journey that began in 2003 through the identification and nurturing of children with learning difficulties struggling in mainstream schools. In time, Realizing the need for education and learning of this group and particularly of children, Prabhat conceptualized an institutional facility to provide systematic learning and rehabilitation services that could be accessible for those challenged by poverty and mobility. Working with and through local communities is Prabhat's hallmark.

What started as a modest beginning, with one child in 2007, has now reached to more than 3000 persons with disabilities in Ahmedabad as well as to their families, neighbours and communities.



Our tiny little star with one month of rigorous physiotherapy has been able to gain neck control!



With his beautiful sister!



At the Centre as well, all the girls adored him and took turns to take care of him!



Ay....Ay...Ay... calling his younger sister. Then in an attempt to make each other laugh they do funny things and giggle away, no one around them would understand why! If Harshu would see Ayesha crying, he would also make a sad face looking at her almost saying I understand you. Seeing Ayesha's emotions of innocence and attachment, Harsh a child with severe disability had started building an understanding of emotions.

When Harsh was born the family was flooded with happiness and joy and that's how he got his name 'Harsh' which mean 'happiness'. Growing up in a loving family with his parents and grandparents and younger sister (6 years younger to him) Harsh was dotted by everyone at home. I met Harsh while doing a survey and admitted him for Home-based rehabilitation at Prabhat. I use to go twice a week to their home and it was a pleasure to see the siblings communicate!

Ayesha being so much younger to Harshu still managed to remember his entire schedule – when he eats, when he likes to play, when he likes to watch television, etc. If Harshu would wet his clothes, she would be behind her mother to change it immediately and Laxmiben would say it is annoying, she wouldn't leave my side till I did it! Sometimes when Harshu would cry, Ayesha would come up thinking of the reasons for it and very empathetically say – 'mumma he must be hungry', 'mumma he must be bored', 'mumma his stomach might be aching'! Ayesha would sit to him and sometimes take him on her lap and caress his head and he would immediately stop crying and with big eyes keep staring at Ayesha. Some words that Harshu could clearly say, Ayesha would know exactly who he is calling, like anga anga...anga would mean their grandfather, and she would force him to take Harshu in his lap and calm him down.

They loved to watch the screen together and sometime doze off watching it, she would make him listen to funky music, listen to stories or even watch a funny movie. She would like a responsible sibling take care of him, while his mother finished her chores at home. Ayesha was very happy when Harshu started attending the Prabhat Centre and she would go around telling everyone 'my brother is going to school' it was a very proud moment for her.

Although Harshu is not with us anymore, but this relationship is a benchmark for sibling love and acceptance and is an inspiration for all of us at Prabhat and we hope it will be for all those who read this.

We sadly lost Harshu last year.



https://www.instagram.com/prabhat_education_foundation/



<https://www.facebook.com/Prabhateducationfoundation/>



<https://www.youtube.com/channel/UCe1oxuBWMdVycRk2EPzzjIA>



Happy to share, Prabhat is setting its foot firmly in the ground. The organization as managed to open back its Centre in Danilimda. A long struggle but worth the wait! There are new ideas and operational changes with which the Centre will operate, but rest assured all for the joyous faces of our children!

- 1) **Training provided by Prabhat:** Pranav Shah Prabhat's field co-ordinator conducted a 2 hours session in the National Webinar organized by Composite Regional Centre for persons with disabilities and Rehabilitation Council of India. The session was on Community based rehabilitation and the challenges which have come to fore during the pandemic. Prabhat over the years has been able to establish a replicable model of its CBR intervention, which is being recognized by the local government and other organizations as a sustainable process with community ownership.
- 2) **Capacity building:** Prabhat as an organization strongly believes in supporting and cherishing the aspirations of its team members and towards this, the team is regularly given opportunities for capacity building. This month the team attended a series of workshops on – financial resilience, building back communities after the pandemic and improved knowledge sharing between development organizations. We thank Dasra for organizing these remarkable sessions through the month.
- 3) **Holi celebration:** All the festivals are being celebrated with added fervour and joy. Holi is also one of the most cherished festivals with the children. Prabhat is happy to share that with the support of friends and well-wishers, the organization was able to give the children the much deserved colours of joy!
- 4) **Ek din Prabhat ke naam:** The celebrations under *ek din Prabhat ke naam* (one day dedicated to Prabhat) have begun. During the reporting period 2 well-wishers have spent the day with Prabhat's children. The day is a representation of love and friendship. The families enjoy spending the day colouring, dancing, playing games with the children and ending it by sharing a hot, warm meal with them. "It is a very satisfying experience" – said Chintan, who celebrated his 21st birthday at Prabhat. For Prabhat's children the social interaction is very beneficial, it makes them feel included, accepted and loved!
- 5) **Khel maha Kumbh:** after 2 long years, the much awaited sports event is back. Prabhat's children are eager participants in the khel maha kumbh. This year close to 104 children from Prabhat are participating. In events like - softball, 50 meter race, 100 meter race, basketball and bocce ball. Participation in these events have a much larger impact than the tangible ones like confidence. The much deeper impact includes increased acceptance of the child at home, acceptance of the capability of the child not only at home but in the neighbourhood as well. Prabhat always encourages parents to accompany their children at these events, so that they can observe the growth and the abilities of their child.
- 6) **Aids and appliances:** Assistive services are an integral part of Prabhat's services extended to those with disabilities. The access and procurement of medical certificates, transport passes, pension schemes and other entitlements allows them to lead a comfortable life. This month Prabhat provided these services to over 25 people. Prabhat with the support ALIMCO has also been able to distribute wheel chairs to 15 beneficiaries.
- 7) **Learning sessions:** This month's learning sessions focussed on improving communication skills, which included speech therapy, oration exercises, facial yoga and activity for daily living. Apart from this sports, art and craft were also a part of the learning sessions.



Our little Shia loves to be of help to everyone! Little teacher in the making!



The colours of joy!



Busy at play, at the Danilimda Centre



Some games are just classic and never fail to thrill us!