

Dear Parents



The document will help you to understand more about the play-based approach. It contains the essential points of the sessions you had with the teachers at Prabhat. You will also get an audio-video copy of the same. 'Play' should remain 'play'.

- Let your inner child be free; remember what fun meant to you.
- Focus on enjoyment
- 'Play' has no right or wrong until & unless the act is harmful to your children or others.
- Children tend to learn more by playing.



- Let them explore through play rather than teaching 'how to'
- The child is giving his/her best, and the efforts need to be applauded with much enthusiasm.
- The child will have his/her ways of playing.
- Parents can contribute through their experiences, but they should not be forced.

Process is important.

- It is necessary to understand that the process of play & therapy takes time.
- Experience helps in building more long term memory.
- The child must be involved in the process rather than measuring the accuracy of the outcome.

Way forward & Documentation.

- Discuss the activities of free play the child gets involved in with the teachers regularly.
- The facilitators should further discuss it with the specialists.



An Alternative for those with Special Needs



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